

DIVINE GLOW

My Family Love Patterns

What my mum said / thought / showed me about love:

How I interpreted my mums words, actions and emotions and what I decided to do about it myself:

DIVINE GLOW

My Family Love Patterns 2

What are the beliefs of my mum?

How did this impact me and my behaviour about love, partners, relationships:

DIVINE GLOW

My Family Love Patterns 3

Which limiting behaviour of my mum did I copy?

Why do I keep this limiting behaviour?
How is it serving me to act in this way?